



Coaches Information Sheet

Registration/Check-In

Doors open at 8:30am. There will be a Coaches Registration table at the gym entrance to Iroquois High School. Please bring completed medical release forms to registration. Two coaches will be given complimentary wristbands. Additional wristbands are available for purchase (\$5). Only coaches with wristbands and team members will be allowed to enter warm up areas. The competition begins at 10:00am.

Bus Drop Off/Parking

Busses can drop cheerleaders off at the rear parking lot between the bus garage and the High School. Busses should proceed and park in the front parking lot of the Intermediate building during the competition.

Coaches Meeting

We look forward to seeing each of you at our coaches meetings. The Coaches Meeting will be held in the small gym at 9:45am. Our hope is that this meeting will be helpful and informative. These meeting will give you all of the latest information you need to make your Cold Classic experience more enjoyable. You will also have the opportunity to ask any last minute questions.

Music

Always bring two copies of your music CDs with you to the music table. Coaches may check their music 9:20-9:40am. If you experience technical difficulties with your music, it is under the coaches' discretion whether or not to stop the routine. At least one coach must remain at the music table for the duration of the routine.

Bag Storage

The small gym is reserved for cheerleaders and their belongings. SubZero All Stars and the SubZero Booster Club are not responsible for lost or stolen articles.



Team Photos

Photography will also be set up in the photo booth outside of the gym to showcase action shots from your teams' performance. These photos are available for purchase.

Competition Day Preparation

Step 1 (40 minutes prior to competing) – Report to check-in.

Step 2 (25 minutes prior to competing) – Begin team warm up on two strips (12 ft. x 42 ft.) of carpet-bonded foam.

Step 3 (20 minutes prior to competing) – Begin running and standing tumbling (6 ft. x 42 ft.) foam block tumbling strip.

Step 4 (15 minutes prior to competing) – Begin walk through (5 minutes) on full floor (42 ft. x 42 ft.) of carpet-bonded foam.

Step 5 (10 minutes prior to competing) – Cheerleaders are encouraged to grab a drink at the Water Station.

Step 6 (5 minutes prior to competing) – Exit warm up area. Make your to the competition floor. The order of the competition will be announced as “In the Hole, On Deck, and Now Competing”.

Step 7 (receiving score sheets) – score sheets will be available after the Awards Ceremony at the Sound Table.

Priority Seating

Coaches will be seated front and center in our Priority Seating section. This is a designated area directly in front of the performance floor reserved for family members and friends of the performing team. Please move quickly in a clockwise position when changing seats after your team performs.

Need Assistance

Throughout the day, if there is anything we can do to be of service, please let us know. SUBZERO STAFF will be available throughout the competition to serve you.